



ESSENTIAL OILS AND THEIR PROPERTIES

common name	botanical name	blending factor	note	blends well with.....	description	quality	ruling planet	precaution
BASIL LINALOOL	ocimum basilicum	1	TOP	eucalyptus, frankincense, oregano, lime	strong, warming, spicy	yang	mars/aries	pregnancy
BLOOD ORANGE	citrus sinensis	7	TOP	lime, fennel, frankincense, sandalwood	zesty, refreshing, cheerful, warm.	yin	sun/leo	phototoxic
CEDARWOOD ATLAS	cedrus atlantica	7-Jan	TOP/BASE	basil, mandarin, cypress, geranium	soothing, sedating, woody, sweet	yang	uranus/aquarius	pregnancy
CLOVE BUD	eugenia caryophyllata	2	BASE	cedarwood, frankincense, lime, geranium.	strong, spicy, positive, stimulating	yang	jupiter/sagittarius	skin/toxic
EUCALYPTUS BLUE MALLE	eucalyptus polybractea	5	TOP	lime, cedarwood, lemon, cypress.	refreshing, uplifting, therapeutic	yin	saturn/capricorn	toxic
EUCALYPTUS RADIATA	eucalyptus radiata	4	TOP	blood orange, peppermint, grapefruit	ditto	yin	saturn/capricorn	toxic
FENNEL SWEET	foeniculum vulgare		TOP/HEART	lime, cedarwood, blood orange, myrtle.	herbaceous, carminative, aniseed.	yang	mercury/gemini	pregnancy
FRANGIPANI	plumeria		TOP	geranium, lime, patchouli, sandalwood.	sweet, strengthening, heady.	yin	venus	nil
FRANKINCENSE	boswellia carteru	4	BASE	basil, geranium, blood orange, sandalwood	warm, woody, spicy, comforting.	yang	sun;pluto/scorpio/leo	nil
FRENCH CYPRESS	cypessus sempervirens	5	HEART	citrus, fennel, lavender, lemon myrtle	woody, nutty, spicy, relaxing	yin	saturn;venus/taurus;libra	pregnancy
GALANGAL	alpinia galanga	2	BASE	cinnamon, lavender, rosemary		yang	sun;mars/leo;aries	
GERANIUM	pelogonium graveolens	3	BASE	basil, lavender, citrus oils, patchouli	floral, sweet, calming, balancing	yin	venus;earth/taurus	pregnancy
KAFFIR LIME	citrus hystrix	3	TOP	cedarwood, fennel, clove, geranium	cool, fresh zingy, stimulating,	yin	sun/leo	phototoxic
LAVENDER	lavendula augustifolia	7	TOP	most oils	calming, soothing, antibacterial	yang	mercury/virgo	nil
LEMON	citrus limon	7	TOP	eucalyptus, lavender, rosemary, oregano	fresh, energising, uplifting	yin	moon/cancer	phototoxic
LEMONGRASS	cymbopogon citratus	1	TOP	basil, cedarwood, geranium, blood orange.	invigorating, uplifting	yang	gemini	skin
LEMON MYRTLE	backhousia citradora	3	TOP	cypress, eucalyptus, sandalwood	soothing, uplifting,	y/y		nil
LIME	citrus medica	3	TOP	cedarwood, geranium, rosemary, ylang ylang	cheerful, energising, fresh	yin	sun/leo	phototoxic
MANDARIN	citrus reticulata	3	TOP	grapefruit, lime, oregano, spruce, ylang ylang	sweet, calming, great for kids	y/y		phototoxic
MAY CHANG	LITSEA CUBEBA		HEART	basil, geranium, blood orange, ylang ylang	sweet, fruity, uplifting, stimulating	yin		nil
OREGANO FRENCH	origum vulgare	5	HEART	cedarwood, cypress, lavender, blood orange	herbaceous, warm, spicy, calming.	yang	mercury	nil
PATCHOULI	pogostemon cablin	4	BASE	frankincense, geranium, lemongrass, ylang	rich, earthy, grounding.	yang	sun;satur/leo;capricorn	nil
PEPPERMINT	mentha arvensis	5	TOP	lavender, lemon, lime, rosemary	fresh, refreshing, uplifting.	yang	mercury/virgo	pregnancy
PETTIGRAIN	citrus aurantium/amara	1	TOP	cedarwood, lime, may chang, rosemary.	fresh, floral, woody,	y/y	aries	nil
PINK GRAPEFRUIT	citrus paradisi	8	TOP	basil, fennel, rosemary, maychang, spruce	sweet, tangy, energising	yin	venus/earth/taurus	nil
ROSE GERANIUM	pelargonium graveolens	3	HEART	lavender, patchouli, sandalwood, may chang	rosy! Strengthening, peaceful.	yang	cancer/moon	nil
ROSEMARY	rosemary officialis	2	HEART	cedarwood, spruce, oregano grapefruit.	refreshing, invigorating, stimulating	yang	sun/leo	pregnancy
SANDALWOOD	santalum album	6	BASE	basil, cedarwood, mandarin, lemon.	woody, sweet, exotic, subtle, harmonising	yang	uranus/aquarius	nil
SPRUCE HEMLOCK	tsunga canadensis	2	HEART	basil, lime, lemongrass, cypress.		yin	venus/taurus	pregnant
YLANG YLANG	cananga odorata/genina	4	HEART	grapefruit, frankincense, sandalwood	exotic, intoxicating, grounding	yin	venus;earth/taurus	headaches
Pregnancy - avoid during pregnancy and breastfeeding.								
Phototoxic - avoid sunlight after topical use								
Skin - could cause sensitivity								